

February 02, 2026

To,  
The Corporate Relations Department,  
The National Stock Exchange of India Limited,  
Exchange Plaza, 5<sup>th</sup> Floor,  
Plot No. C/1, G-Block, Bandra-Kurla Complex,  
Bandra (East), Mumbai – 400051

To,  
The Corporate Relations Department,  
Department of Corporate Services,  
BSE Limited,  
25<sup>th</sup> Floor, Phiroze Jeejeebhoy Towers,  
Dalal Street, Mumbai – 400001

**Re: Script Symbol “EMBASSY”, Scrip Code 542602, Scrip Code 973434, 973546, 973910, 975051, 976042, 976240, 976699, 976700, 976864 and 976946 (NCDs) and Scrip Code 728768, 729286, 729287, and 730412 (CPs).**

Dear Sir/ Madam,

**Subject: Intimation of Press Release- Novo Run Celebrates 100 Weeks of Promoting Workplace Wellness at Embassy Manyata Business Park**

We wish to inform you the completion of 100 weeks of the *NovoHealth@EmbassyManyata* initiative, a workplace wellness programme undertaken in collaboration with the Novo Nordisk Education Foundation & Embassy REIT at Embassy Manyata Business Park, Bengaluru. A copy of the Press Release in this regard is enclosed herewith

Thanking you,

For and on behalf of **Embassy Office Parks REIT** acting through its Manager, **Embassy Office Parks Management Services Private Limited**

**Vinitha Menon**  
**Head - Company Secretary and Compliance Officer**  
**A25036**



## Novo Run Celebrates 100 Weeks of Promoting Workplace Wellness at Embassy Manyata Business Park

**Bengaluru, February 2, 2026:** NovoHealth@EmbassyManyata, the flagship 5K running initiative by Novo Nordisk Education Foundation & Embassy REIT marked its **100th week** of fostering active lifestyles and holistic well-being among corporate employees in Bengaluru. At the ceremony last Friday, **Mr Vikrant Shrotriya – Managing Trustee, Novo Nordisk Education Foundation** and **Mr Amit Shetty – CEO, Embassy REIT** were joined by senior leaders from leading multinational companies and few of the occupiers of Embassy Manyata including **Rolls Royce, Rohde & Schwartz India Pvt. Ltd.** and **Nokia Bengaluru**, for an evening of fitness, engagement and discussions on sustainability.

**Vikrant Shrotriya - Managing Trustee, Novo Nordisk Education Foundation** said “*100 weeks of Novo Run is more than a milestone. A cumulative 85,500 steps towards better health! As we work towards bending the obesity curve in India with weight loss solutions, we understand the importance of healthy diet & regular exercise in this journey. Habit formation for lifestyle changes has been a challenge for most of us. We believe that our workplace is a natural catalyst for change and this initiative is an active resolution towards prioritising healthy eating & exercising for all corporate employees. This journey alongside Embassy REIT reinforces our vision of driving sustainable health outcomes and building communities that thrive on well-being.*”

**Amit Shetty – CEO, Embassy REIT** said, “*It has been a wonderful partnership with Novo Nordisk India, and we are proud to see the Novo Run complete 100 weeks and evolve into a truly community-led movement. At Embassy REIT, we are committed to building wellness-oriented communities within our ecosystems that foster vibrant and engaged workplaces. I commend the runners and teams who have championed this initiative and look forward to strengthening this partnership as we continue to promote sustainability, wellness, and healthy living within the Embassy Ecosystem.*”

Launched on **World Obesity Day in March 2024**, NovoHealth@EmbassyManyata has grown into a vibrant workplace wellness platform, encouraging physical activity and holistic health for **over 100,000 employees** at Embassy Manyata Business Park. Dedicated employees from organisations such as **Carelon, Nokia, HCL, IBM, Cognizant, Kyndryl, Fidelity, Mavenir, WSP, and Target** have played a pivotal role in making Novo Run a benchmark for workplace wellness initiatives.

India faces a growing health crisis with **101 million people living with diabetes** and **254 million generalised obesity**.<sup>1</sup> Urbanisation is accelerating the prevalence of non-communicable diseases (NCDs) such as diabetes, obesity, and cardiovascular conditions. Given the significant time individuals spend at work, workplaces play a pivotal role in promoting healthier habits.

Globally, workplace and community-based interventions have proven effective in improving health outcomes. To drive this change, NovoHealth@EmbassyManyata was launched as a partnership between Novo Nordisk Education Foundation and Embassy REIT to empower employees and the surrounding community to adopt an active lifestyle and enhance overall well-being.

As the initiative enters its next phase, it will continue to integrate sustainability and employee engagement into its core activities, reinforcing the message that health and environmental responsibility go hand in hand.

\*\*\*

<sup>1</sup> Anjana RM et al. Metabolic non-communicable disease health report of India: the ICMR-INDIAB national cross-sectional study (ICMR-INDIAB-17). The Lancet Diabetes & Endocrinology. 2023 Jul 1;11(7):474-89.



## Press Release



### About Novo Nordisk Education Foundation:

*Novo Nordisk Education Foundation (NNEF) is a non-profit organisation established in 1997 by Novo Nordisk India to increase diabetes awareness and education. NNEF aims to provide comprehensive education and awareness on diabetes and other healthcare issues by bridging the knowledge gap. NNEF drives several projects including the Changing Diabetes® Barometer, Changing Diabetes® in Children programs, and World Diabetes Day awareness activities in partnership with state governments and other key stakeholders. For more information, please visit <http://nnef.in/>*

### About Embassy REIT

*Embassy REIT is India's first publicly listed Real Estate Investment Trust and the largest office REIT in Asia, by area. Embassy REIT owns and operates a portfolio of over 50 million square feet of world-class office spaces across India's key gateway markets, including Bengaluru, Mumbai, Pune, the National Capital Region (NCR) and Chennai. The portfolio comprises 14 premium office ecosystems, including large, integrated office parks and city-centre office assets, and is home to approximately 275 leading global and domestic corporations. In addition to office assets, the portfolio includes strategic amenities such as four operational business hotels, two hotels under development, and a 100 MW solar park that supplies renewable energy to tenants. Embassy REIT's industry-leading ESG programme has received multiple accolades from globally recognised institutions, including GRESB, USGBC LEED, the British Safety Council, among others. In 2023, Embassy REIT was included in the Dow Jones Sustainability Indices, becoming the first REIT in India to be recognised for its sustainability initiatives by a leading global benchmark. For more information, please visit [www.embassyofficeparks.com](http://www.embassyofficeparks.com).*

### Contact:

Shashvat Jain | [savj@novonordisk.com](mailto:savj@novonordisk.com)

Ratika Rana | [ratika.rana@finnpartners.com](mailto:ratika.rana@finnpartners.com)

Renuka Balachandran | [renuka.b@embassyofficeparks.com](mailto:renuka.b@embassyofficeparks.com)

---