

**DR. ADIL AGARWAL**  
**19, Cathedral Road, Gopalapuram, Chennai - 600068**

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Date: January 02, 2026

|   |   |  |
|---|---|--|
| The General Manager<br>BSE Ltd.<br>Phiroze Jeejeebhoy Towers<br>Dalal Streets<br>Mumbai 400 001 | The Asst Vice President<br>The National Stock Exchange of<br>India Ltd.<br>Exchange Plaza, 5 <sup>th</sup> Floor<br>Plot No. C/1, G Block<br>Bandra Kurla Complex<br>Bandra (East)<br>Mumbai – 400051 | The Company Secretary and<br>Compliance Officer<br>Dr. Agarwal's Health Care<br>Limited<br>1 <sup>st</sup> Floor, Buhari Towers No. 4,<br>Moores Road, Off Greams Road,<br>Near Asan Memorial School,<br>Chennai, Tamil Nadu, 600006 |
|---|---|--|

Dear Sir,

**Sub : Disclosure under Regulation 29(2) of Securities and Exchange Board of India (Substantial Acquisition of Shares and Takeovers) Regulations, 2011**

Please find enclosed herewith the disclosure under Regulation 29(2) of Securities and Exchange Board of India (Substantial Acquisition of Shares and Takeovers) Regulations, 2011 in the prescribed format for transfer of shares of Dr. Agarwal's Health Care Limited by way of inter-se transfer of shares between promoters by way of gift.

Kindly find the above in order and take the same on record.

Thanking you,

Yours faithfully,

Adil   
Agarwal Digitally signed  
by Adil Agarwal  
Date: 2026.01.02  
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**Dr. Adil Agarwal**

Encl : As above

|   |  |   |  |
|---|--|---|--|
| Name of the Target Company (TC)   | Dr. Agarwal's Health Care Limited  |   |  |
| Name(s) of the acquirer and Persons Acting in Concert (PAC) with the acquirer   | Name of transferor: Dr. Adil Agarwal<br>Name of acquirer: Dr. Amar Agarwal |   |  |
| Whether the acquirer belongs to Promoter/Promoter group   | Yes  |   |  |
| Name(s) of the Stock Exchange(s) where the shares of TC are Listed  | 1. National Stock Exchange of India Limited<br>2. BSE Limited              |   |  |
| Details of the <del>acquisition</del> / disposal as follows   | Number   | % w.r.t. total share/voting capital wherever applicable (*) | % w.r.t. total diluted share/voting capital of the TC (**) |
| <b>Before the acquisition under consideration, holding of:</b>  |  |   |  |
| a) Shares carrying voting rights  | 1,45,59,452  | 4.60%   | 4.60%  |
| b) Shares in the nature of encumbrance (pledge/lien/ non-disposal undertaking/ others)  |  |   |  |
| c) Voting rights (VR) otherwise than by shares  |  |   |  |
| d) Warrants/convertible securities/any other instrument that entitles the acquirer to receive shares carrying voting rights in the T C (specify holding in each category) |  |   |  |
| <b>e) Total (a+b+c+d)</b>   | <b>1,45,59,452</b>   | <b>4.60%</b>  | <b>4.60%</b>   |

|   |  |                                       |                                       |
|---|--|---------------------------------------|---------------------------------------|
| <b>Details of acquisition/sale</b>  |  |                                       |                                       |
| a) Shares carrying voting rights acquired/sold<br>b) VRs acquired /sold otherwise than by shares<br>c) Warrants/convertible securities/any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category) acquired/sold<br>d) Shares encumbered / invoked/released by the acquirer<br>e) <b>Total (a+b+c/-d)</b> | 5,12,473<br><br><br><br><br><b>5,12,473</b>                                  | 0.16%<br><br><br><br><br><b>0.16%</b> | 0.16%<br><br><br><br><br><b>0.16%</b> |
| <b>After the acquisition/sale, holding of:</b>  |  |                                       |                                       |
| a) Shares carrying voting rights<br>b) Shares encumbered with the acquirer<br>c) VRs otherwise than by shares<br>d) Warrants/convertible securities/any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category) after acquisition<br>e) <b>Total (a+b+c+d)</b>  | 1,40,46,979<br><br><br><br><br><b>1,40,46,979</b>                            | 4.44%<br><br><br><br><br><b>4.44%</b> | 4.44%<br><br><br><br><br><b>4.44%</b> |
| Mode of acquisition / sale (e.g. open market / off-market / public issue / rights issue / preferential allotment / inter-se transfer etc).  | Inter-se transfer of shares between promoter / promoter group by way of gift |                                       |                                       |
| Date of acquisition / sale of shares / VR or date of receipt of intimation of allotment of shares, whichever is applicable  | December 31, 2025  |                                       |                                       |
| Equity share capital / total voting capital of the TC before the said acquisition / sale  | 31,64,70,002 equity shares of Re. 1/- each aggregating to Rs. 31,64,70,002   |                                       |                                       |
| Equity share capital/ total voting capital of the TC after the said acquisition / sale  | 31,64,70,002 equity shares of Re. 1/- each aggregating to Rs. 31,64,70,002   |                                       |                                       |
| Total diluted share/voting capital of the TC after the said acquisition   | 31,64,70,002 equity shares of Re. 1/- each aggregating to Rs. 31,64,70,002   |                                       |                                       |

(\*) Total share capital/ voting capital to be taken as per the latest filing done by the company to the Stock Exchange under Clause 35 of the listing Agreement.

(\*\*) Diluted share/voting capital means the total number of shares in the TC assuming full conversion of the outstanding convertible securities/warrants into equity shares of the TC.

  
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by Adil Agarwal  
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Dr. Adil Agarwal

Place: Chennai