



February 9, 2026

To,
The Department of Corporate Services,
BSE Limited
25th Floor, PJ Towers,
Dalal Street, Mumbai – 400 001

Scrip Code – 531398

Dear Sir/Madam,

Sub: Intimation regarding Board Meeting under Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements), Regulations, 2015 (“Listing Regulations”)

This is to inform you that a meeting of Board of Directors of the Company is scheduled to be held on **Saturday, February 14, 2026**, to consider and approve the unaudited financial results of the Company for the quarter ended December 31, 2025, amongst other matters.

Further, in accordance with the Company's Code of Conduct for Prohibition of Insider Trading, adopted by the Board pursuant to SEBI (Prohibition of Insider Trading) Regulations, 2015, the trading window for dealing in the securities of the Company is closed for the Designated Persons and their immediate relatives from January 1, 2026, till 48 hours after the announcement of financial results of the Company.

This is for your information and appropriate dissemination.

Thanking You,
Yours Truly,

For Source Natural Foods and Herbal Supplements Limited

Yash Jain
Company Secretary