



April 20, 2023

To  
The BSE Limited  
Phiroze Jeejeebhoy Towers  
Dalal Street, Mumbai-400001  
Scrip Code: 540203

The National Stock Exchange India Limited  
Exchange Plaza, Bandra Kurla Complex  
Bandra(E), Mumbai-400051  
NSE Symbol: SFL

Subject: Certificate pursuant to Regulation 7(3) of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015

Dear Sir/Madam

Please find enclosed the certificate under Regulation 7(3) of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015 for the year ended March 31, 2023.

This is for your information and record.

Thanking you,

Yours truly,  
For Sheela Foam Limited

(Md. Iquebal Ahmad)  
Company Secretary & Compliance Officer

**SHEELA FOAM LTD.**

#14, Sleepwell Tower , Sector 135, Noida- 201301

Ph: Int-91(0)-120-

-91-(0)-120-

contactus@sheelafoam.com

Regd. Office: 604 Ashadeep, 9 Hailey Road, New Delhi-

-91(0)-11-22026875-76

www.sheelafoam.com

CIN-L74899DL1971PLC005679

April 06, 2023

BSE Limited  
Corporate Relationship Department  
1st Floor, New Trading Ring,  
Rotunda Building, P. J. Towers,  
Dalal Street, Fort,  
Mumbai – 400 001

National Stock Exchange of India  
Exchange Plaza  
Bandra Kurla Complex  
Bandra (E)  
Mumbai 400 051

Dear Sirs,

Subject: Compliance Certificate - Regulation 7 (3) of Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015.

As per the requirement of Regulation 7(3) of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015, we hereby confirm that all activities in relation to both physical and electronic share transfer facility are maintained by the Company's Registrar and Share Transfer Agent, viz., Link Intime India Pvt Ltd a Category-I, Registrar & Share Transfer Agent (RTA), registered with the Securities and Exchange Board of India (SEBI) vide Registration Number: INR000004058 during the period April 1, 2022 to March 31, 2023 (both days inclusive).

Thanking you,

Very truly yours,

  
**For Sheela Foam Limited**  
**Iquebal Ahmad**  
**Company Secretary & Compliance Officer**

  
**For Link Intime India Pvt. Ltd**  
**Bharat Bhushan**  
**Assistant Vice President**