



NDRF and SDRF personnel during a rescue operation, after a series of cloudbursts hit different parts of Uttarakhand on Saturday, at Raipur area in Dehradun district. —PTI

Mass Hysteria In Uttarakhand School Underscores Need For Better Mental Healthcare

Dehradun: It was just another day of studies at the government junior high school in Uttarakhand's Raikholi when things took a turn for the worse. Six Class 8 girls and two boys threw a tantrum, with some banging their heads on the floor, and the rest screaming, shivering and wailing in a semi-conscious state.



Though a video of the July 26 incident surfaced on Twitter, it was dismissed by many as a routine phenomenon. The focus was more on healing the children with prayers and age-old rituals, than medical interventions to help them recover and studies to find out the reasons that triggered it.

Psychiatrists termed the incident at Raikholi, which comes under Bageshwar district, a case of mass hysteria or psychological disorder. Dr Nandkishore, a well-known psychiatrist in the state, told Reporters that trauma, stress, anxiety or something deeply entrenched in the mind may trigger such behaviour. Social mores, the surrounding environments and difficult geographical conditions could lead to mass hysteria. Nandkishore says: "In these hill areas, lack of education, awareness and healthcare facilities impact social development. Girls are more vulnerable in such an atmosphere. Some rituals at a religious gathering and beliefs also enforce the idea of supernatural personification or being in a trance. This could leave an impact on children who often see such practices. Such cases of mass hysteria are seen mainly in adolescent girls. Sometimes it may be an adaptive way for the girls to express their anxiety or depression."

Hem Bahuguna, a psychiatric social worker associated with Almora Medical College, explained how customs and beliefs that talk of being possessed by a deity or spirit could leave an imprint on the subconscious.

While the hill residents see mass hysteria-like cases as a periodic occurrence that can be cured through prayers and rituals, the district administration tried to project that the issue has been resolved and all is well. Meanwhile, another similar incident was reported on August 6 from an inter-college in Bageshwar district where five girls started behaving abnormally. While such cases of mass hysteria should be examined by an expert psychiatrist, it is mostly handled through the lens of superstitions or basic medical treatment.

Remembering the earlier incident, Headmistress Nirmala Verma said, one of the girls threw "tantrums", which was repeated by the rest of the affected girls and boys. The next day saw a repeat of the incident, in the same fashion. "On one occasion, the condition of the students deteriorated right in the presence of officials, resulting in a check-up and counselling session," she said. Despite the medical help offered by the visiting officials from the health and education department, the girls did not get better. After Bageshwar incident applications are invited for the remaining posts. Similarly, the state mental health institute is

working with only two psychiatrists while two posts are vacant. Even otherwise, there is a severe shortage of psychiatrists and mental health service providers across the county, with only 0.75 psychiatrists present for every one lakh people.

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Meanwhile, Dr R. Rajesh Kumar, the Secretary in-charge of the Department of Medical Health & Family Welfare, told 101Reporters that he had already told the chief medical officer of Bageshwar district and had taken note of the incident. "Instructions have been issued for counselling of the children forthwith. If experts are not available locally, they would be brought from Almora or Haldwani," he added.

While mass hysteria is not a hill-specific incident, Kathua in Jammu, Nepal, Vietnam and European countries have seen them before, it

Cloudburst Death Toll Climbs To 11 In U'khand

Dehradun: The death toll in the cloudbursts that hit Uttarakhand recently has risen to 11 with the recovery of more bodies from the debris in affected areas and an injured dying at a hospital here. Three more bodies were recovered on Wednesday from Bhaishav and Sarkhet areas of Dehradun while an elderly man injured in a cloudburst died during treatment at Himalayan Hospital, Jollygrant, the disaster control room said on Thursday.



Dehradun and Tehri districts have reported five deaths each so far while one death was reported in Pauri district on the day the disaster struck last week.

Eight people, four each in Dehradun and Tehri district, are still missing as rescue operations continue. PTI

Police Investigation To Be Expedited, Culprits Should Be Identified, Arrested, Says Dhami In UKSSSC Scam Case



Dehradun: A high-level review meeting was held by Uttarakhand Chief Minister Pushkar Singh Dhami regarding the recruitment scam in UKSSSC. In the meeting, the CM directed that the investigation of the police should be expedited and the culprits should be identified and arrested, illegal property confiscated, said Chief Minister's Office.

Chief Secretary Sukhbir Singh Sandhu, Additional Chief Secretary Radha Raturi, Director General of Police Ashok Kumar, Special Principal Secretary to Chief Minister Abhinav Kumar and Secretary to Chief Minister Shailish Bagauli were present in the meeting.

CM Dhmi Orders Police Investigation Into UKSSSC Scam Case

He further directed that the action should be taken under the Gangster Act and PMLA, added the CMO.

In the meeting, the Chief Minister said that the selection process should be started afresh by cancelling the examinations in which evidence of irregularities has been found and the examinations which are moving in a clean and clean manner should be conducted smoothly on time, as per the CMO.

He said that the examinations through which the tainted persons have got the appointment should be cancelled and action should be taken against them as per rules, a chairman should be ap-

pointed there as soon as possible for the smooth running of UKSSSC. Taking a strong stand on the shortcomings exposed in the recruitment process, the Chief Minister stressed getting all the culprits punished at the earliest. At the same time, he clarified the intention of the government to fill the vacancies in a clean and transparent manner as soon as possible.

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DESH RAKSHAK AUSHADHALAYA LIMITED
Regd. Office:- BHANGWAT KUTI KANKHAL HARIDWAR (UK)-249008
E-Mail:- it@drakshak.com, Website:- www.drakshak.in, CIN: 133119UR1981PLD006092

NOTICE OF THE 41ST ANNUAL GENERAL MEETING, E-VOTING INFORMATION AND BOOK CLOSURE
Notice is hereby given that the 41st Annual General Meeting (AGM) of the Members of the Company will be held on **Saturday, 17th September, 2022 at 04.00 P.M. Indian Standard Time (IST)** through Video Conferencing ("VVC")/Other Audio Visual Means ("OAVM") in accordance with all applicable provisions of the Companies Act, 2013 and Rules made thereunder and the Securities Exchange Board of India ("SEBI") (Listing Obligations and Disclosures Requirements), Regulations, 2015 to transact the Business through voting by electronic means as set out in the AGM Notice which forms part of the Annual Report for the Financial Year 2021-22 sent through e-mail only to Members whose e-mail addresses are registered with the Company /RTA or Depository Participant The Annual Report and AGM Notice are available on the Company's website www.drakshak.in and website of BSE Limited www.bseindia.com and on the website of National Securities Depository Limited ("NSDL") at www.evotingindia.com.

Instruction for Remote E-Voting and E-voting during AGM
Shareholders may cast their votes electronically through e-voting services provided by NSDL. The instructions for remote e-voting including e-voting during the AGM have been provided in the notice of the AGM. Members may access the NSDL e-voting system at the website: www.evotingindia.com under shareholders/members login. The same link is valid for accessing/attending the AGM through VC/OAVM on the meeting day. Members are hereby informed that:

- Members holding shares either in physical form or in dematerialized form, as on the "Cut Off" date (i.e. 14th September, 2022) may exercise their right to vote by remote e-voting before the AGM or e-voting during the AGM through VC/OAVM on any or all of the business specified in the Notice convening the AGM of the Company by electronic voting.
- The remote e-voting will commence on Wednesday, September 14, 2022 at 10:00 AM.
- The remote e-voting will end on Friday, September 16, 2022 at 5:00 PM.
- The remote e-voting module shall be disabled by NSDL for voting thereafter and voting through remote e-voting shall not be allowed thereafter. Once the vote on a resolution is cast by a Member, the Member shall not be allowed to change it subsequently.
- Members who have acquired the shares of the Company after the dispatch of the Notice of the AGM electronically can generate their login and password as per instruction given in the notice under e-voting instructions on page 08-10 of the Notice of the AGM. The facility of voting through e-voting system shall also be made available during the AGM through VC/OAVM. Only those members attending the AGM through VC/OAVM who have not already cast their vote through remote e-voting shall be able to exercise their e-voting right during the AGM.
- Members who have cast their vote through remote e-voting prior to the AGM will also be eligible to participate in the AGM through VC/OAVM but such members shall not be entitled to cast their vote again.
- Members are permitted to join the AGM through VC/OAVM, 30 minutes before the scheduled time of commencement of AGM and 15 minutes after the scheduled time of commencement of AGM through the facility provided by NSDL, at <https://www.evotingindia.com> by using the login credentials and selecting the EVIDEN for the Company's AGM. Detailed procedure is provided in the notice of AGM.
- In case of any query or grievance pertaining to remote e-voting before the AGM, e-voting during the AGM and joining the AGM through VC/OAVM, Members may contact Mr. Amit Vishal, Asst. Vice President, NSDL, Trade Watch, A wing, 4th Floor, Naraina Mills Compound, Lower Park, New Delhi - 110028, Email at evoting@nsdl.com, 1411-1889 1828 3992 and 1800 22 44 30. Further, Members may also contact with Mr. Deepshika Haragi, Asst. Manager, M&S Services Limited, 73A, Tird Floor, Oldia Industrial Area Phase-II New Delhi-110002 RTA at info@msl.com or on Telephone No:011-26581284/82/83.
- Any member who is not a member as on the cut-off date should treat this Notice for information purposes only.
- Members are requested to carefully read the notice of the AGM and in particular, instructions for joining the AGM, manner of voting through remote e-voting or e-voting at the AGM.

Chairman of Registrar of Member
The Register of Members and Share Transfer Books of the Company will remain closed from Sunday, 11th September, 2022 to Saturday, 17th September, 2022 (both days inclusive) for the purposes of ending AGM.

By order of the Board,
For DESH RAKSHAK AUSHADHALAYA LIMITED
6/1
Took Kumar Jain
Chairman cum Managing Director

Phone: Haridwar
Dist: 249002

The Aryan School Holds Elocution Competition

Dehradun (The Hawk): The Aryan School hosted the Inter Class Elocution competition within their premises today. The competition was held for the students from Class 1st to 8th. The Chief Guest on the occasion was Poonam Jaiswal.

The results of the same were declared by Principal B. Dasgupta. The winners from all the classes included Shanya Rawat from class 1, Aavya Mehan from class 2, Samar Choudhary and Anusheha from class 3, Kavya Agarwal from class 4, Anika Bisnoi from class 5, Nandini Sharma from class 6, Anusheha Sharma from class 7, and Adiva Jain from class 8.

Addressing the audience, the Chief Guest participants here today performed exceptionally well, and I was delighted to identify the potential of the young talents of Aryan School. The thought behind the competition was to not only wining but learning new techniques to improve. Communication is constantly evolving, and with appropriate guidance, learners will get the morale to communicate assuredly and responsibly anywhere they go.

Poonam Jaiswal appreciated the efforts of the students and said, "All the efforts of the students and said, "All the



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