

Date: 27th December, 2025

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| To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL | To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476 |
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Subject: Intimation of Closure of Trading Window for Designated Persons and their Immediate Relatives.

Dear Sir / Madam,

Pursuant to the provisions of **SEBI (Prohibition of Insider Trading) Regulations, 2015** (as amended from time to time), the circulars issued by SEBI and the Stock Exchanges, and the Company's Code of Conduct for Prevention of Insider Trading, we wish to inform you that the Trading Window for dealing in securities of Jeena Sikho Lifecare Limited ("the Company") shall remain closed for **all Designated Persons and their Immediate Relatives** with effect from **Thursday, January 01, 2026**, and shall reopen **after 48 hours from the declaration of the Unaudited Financial Results** of the Company for the quarter ended **31 December 2025**.

The date of the Board Meeting at which the aforesaid **Unaudited Financial Results** will be considered and approved shall be intimated to the Stock Exchanges in due course.

This intimation is being submitted in compliance with the applicable provisions of the SEBI (PIT) Regulations, 2015.

Kindly take the above information on record.

Thanking You,

Yours Faithfully,

For and on behalf of Jeena Sikho Lifecare Limited

Manish Grover
Managing Director
DIN: 07557886
Place: Zirakpur, Punjab

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

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